U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - 17046	2. Fiscal Year Covered From
	1 / 1 / 2004 Through: 12 / 31 / 2004
3. Name and address of person filing.	Name, file number, and address of labor organization.
Name Thomas J Branch, Jr.	Name National Postal Mail Handlers Union
	Labor Organization File Number 000-505
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Rcom Number, if any
Street 1101 Connecticut Ave. NW, Suite 500	Street 1101 Connect cut Ave, NW Suite 500
City Washington	City Washington
State District of Columbia ZIP Code + 4 20036	State District of Columbia ZIP Code + 4 20036
5. Position in labor organization. Contract Administration Re	presentat

Enter appropriate data below If, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.			
6. Name and address of Employer (including trade name, if any).	7.a Nature of Interest, Transaction, or Income.		
Name			
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
	7.b Amount.		
Street			
City			
State ZIP Code + 4			

Signature

15. Signature and verification. The undersigned declares, under penalty of submitted in this report (including the information contained in any accompanundersigned's knowledge and belief, true, correct and complete. (See the se	ying documents), has been exa	mined by the signatory and is, to the best of the
Signed Human Baruh Ar	on 8/15/05	202 833 - 9095
	Date	Telephone Number

Name First Health

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street 3200 Highland Ave

City Downers Grove

State Illinois

ZIP Code + 4 60515

9. Business deals with:

X a. Labor Organization

b. Trust

c. Employer

10. If 9.b. or 9.c. is checked give trust or employer's name

Name

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street

City

State

ZIP Code + 4

11 a. Nature of such dealing

Administers the Health Plan for the National Postal Mail Handlers Union

11.b. Approximate dollar value of such dealing.

12.a. Nature of interest he d or income received.

March 20-22, 2004. Attended three buffet style dinners sponsored by First Health. Approximate value \$180.00

12.b. Amount.

\$180

C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.

13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).

Name

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street

City

State

ZIP Code + 4

13.b. Is the Business an Employer

or Consultant

?

14.a. Nature of payment.

14.b. Amount of payment

Name of Person Filing Thomas Branch, Jr.

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File Number U-

Part B Continuation Page

B. Held an interest in or derived income or economic benefit with monetary value **from a business** (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.

8. Name and address of Business (including trade name, if any).	9. Business deals with:	
Name First Health	★ a. Labor Organization	
Trade Name, if any:	x a. Labor Organization	
P.O. Box, Bldg., Room No., if any	b. Trust	
Street 3200 Highland Ave	c. Employer	
City Downers Grove		
State Illinois ZIP Ccde + 4 60515		
10. If 9.b. or 9.c. is checked give trust or employer's name	11.a. Nature of such dealing.	
Name	First Health Administer the Health Plan for the National Postal Mail Handlers Union.	
Trade Name, if any:		
P.O. Box, Bidg., Room No., if any		
Street		
City		
State ZIP Code + 4	11 b. Approximate dollar value of such dealing.	
	12.a. Nature of interest held or income received.	
	August 20-29, 2005. Given Duffel bag and attended 4 buffet style dinners. Approximate Value 360	
	12.b. Amount. \$360	

Name of Person Filing Thomas Branch, Jr.

File Number U-

Part B Continuation Page

B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.

8. Name and address of Business (inclu	ding trade name, if any).	9. Business deals with:	
Name First Health		X a. Labor Organization	
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any		b. Trust	
Street 3200 Highland Ave		c. Employer	
City Downers Grove			
State Illinois	ZIP Ccde + 4 60515		
10. If 9.b. or 9.c. is checked give trust or en	nployer's name	11.a. Nature of such dealing.	
Name		First Health Administers the Health Plan for the National Postal Mail Handlers Union	
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
Street			
City			
State	ZIP Code + 4	11.b. Approximate dollar value of such dealing.	
		12 a. Nature of interest held or income received.	
		December 7-9, 2001 Attended 3 buffet style dinners Approximate Value \$210.00	
		12.b. Amount.	
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